

## DAILY NURSE ASSISTANT TRAINING PROGRAM SCHEDULE

LUNCH HOUR: 1030-1100 all days  
 THEORY HOURS: 34  
 CLINICAL HOURS: 0

**CLINICAL SITE:**

DAY: 1 TUESDAY	DAY: 2 WEDNESDAY	DAY: THURSDAY	DAY: 4 FRIDAY	DAY: 5 TUESDAY
<p>THEORY 8:30-2p.m. 5 hours (1/2 Hr. Lunch)</p> <p>0830-1030 MODULE 1 INTRODUCTION (A)(B)(C)(D)(E)</p> <p>1030-1230 MODULE 3 INTERPERSONAL AND COMMUNICATION SKILLS (A)(B)(C)(D)(E)</p> <p>1300-1400 MODULE 6 MEDICAL AND SURGICAL ASEPSIS (A)(C)</p>	<p>THEORY 6:30-3p.m. 8 Hours (1/2 Hr. Lunch)</p> <p>0630-0730 MODULE 6 MEDICAL AND SURGICAL ASEPSIS (B)</p> <p>0730-0930 MODULE 2 RESIDENT RIGHTS (A) PATIENTS RIGHTS - TITLE 22 (B) HEALTH &amp; SAFETY CODE: CCR SECTIONS 72527; 1599.1; 1599.2 AND 1599.3. (C) CODE OF FEDERAL REGULATIONS, PART 483, SECTIONS: 483.10; 483.12; 483.15.</p> <p>0930-1030 MODULE 4 PREVENTION MANAGEMENT OF CATASTROPHE/UNUSUAL OCCURENCES (A)(B)(C)(D)(E)</p> <p>LUNCH 1030-1100</p> <p>1100-1300 MODULE 12 EMERGENCY PROCEDURES (A)(B)(C)</p> <p>1300-1400 MODULE 7 LENGTH AND MEASURES (A)(B)(C)</p> <p>1400-1500 MODULE 15 OBSERVATION AND CHARTING (A)(C)</p>	<p>THEORY 6:30-3p.m. 8 Hours (1/2 Hr. Lunch)</p> <p>0630-0830 MODULE 11 NUTRITION (A)(B)(C)</p> <p>0830-1030 MODULE 14 REHABILITATIVE NURSING (A)(B)(C)(D)(E)(F)(G) LUNCH 1030-1100</p> <p>1100-1300 MODULE 5 BODY MECHANICS (A)(B)(C)(D)</p> <p>1300-1330 MODULE 16 DEATH AND DYING (C)</p> <p>1330-1500 MODULE 8 PATIENT CARE SKILLS (B)(E)* *Rehab Devices</p>	<p>THEORY 6:30-3p.m. 8 Hours(1/2 Hr. Lunch)</p> <p>0630-1500 MODULE 8 PATIENT CARE SKILLS (A)(C)(D)</p> <p>LUNCH 1030-1100</p>	<p>THEORY 8:30-2p.m. 5 Hours (1/2 Hr. Lunch)</p> <p>0830-1130 CONTINUE MODULE 8 RESIDENT CARE SKILLS (F)(G)(H)</p> <p>1200-1400 MODULE 9 PATIENT CARE PROCEDURES (C)(D)(G)</p>

## DAILY NURSE ASSISTANT TRAINING PROGRAM SCHEDULE

**LUNCH HOUR:** 1030-1100 all days  
**THEORY HOURS:** 5  
**CLINICAL HOURS:** 32

**CLINICAL SITE:**

DAY: 6 WEDNESDAY	DAY: 7 THURSDAY	DAY: 8 FRIDAY	DAY: 9 TUESDAY	DAY: 10 WEDNESDAY
<p>CLINICAL 8:30-3p.m. 8 Hours - Lunch: 30 mins.</p> <p><b>MODULE 2</b> RESIDENT'S RIGHTS (1 HOUR) Clinical Objectives: 1. KNOCKS ON DOOR BEFORE ENTERING 2. PULLS PRIVACY CURTAIN DURING PERSONAL CARE 3. KEEPS RESIDENT INFORMATION CONFIDENTIAL 4. TREATS RESIDENT WITH RESPECT AND DIGNITY 5. ENCOURAGES RESIDENT TO MAKE CHOICES 6. EXPLAINS PROCEDURE TO RESIDENT</p> <p><b>MODULE 4/12</b> EMERGENCY PROCEDURES AND PREVENTION OF CATASTROPHE (2 HOURS) Clinical Objectives: 1. APPLYING POSTURAL SUPPORT 2. APPLYING SOFT WRIST/ANKLE RESTRAINT AS SAFETY DEVICE 3. HEIMLICH MANEUVER FOR THE CONSCIOUS AND UNCONSCIOUS RESIDENT 4. HEIMLICH MANEUVER FOR THE UNCONSCIOUS RESIDENT 5. POSITIONING OF CALL LIGHT 6. DEMONSTRATES FIRE/DISASTER PROCEDURES 7. HANDLES OXYGEN SAFELY 8. USE OF FIRE EXTINGUISHER</p> <p><b>MODULE 6</b> MEDICAL AND ASEPSIS SKILLS (2 HOURS) Clinical Objectives: 1. HAND WASHING 2. PROPER HANDLING OF LINEN 3. UNIVERSAL PRECAUTIONS-GLOVING</p> <p><b>MODULE 8</b> RESIDENT CARE SKILLS (1 HOUR) Clinical Objectives: 17. ASSIST IN THE USE OF URINAL 18. ASSIST IN THE USE OF THE BEDPAN 22. PERINEAL CARE</p> <p><b>MODULE 11</b> NUTRITION (2 HOURS) Clinical Objectives: 2. ASSISTING RESIDENT WHO CAN FEED 3. VERIFYING THAT RESIDENT HAS BEEN GIVEN CORRECT DIET TRAY</p>	<p>CLINICAL 6:30-3p.m. 8 Hours - Lunch: 30 mins.</p> <p><b>MODULE 5</b> BODY MECHANICS (2 HOURS) Clinical Objectives: 1. USE OF GAIT BELT 2. HELPING THE HELPLESS RESIDENT UP TO THE HEAD OF THE BED WITH TWO ASSISTANTS 4. ASSISTING TRANSFER FROM BED TO CHAIR OR WHEELCHAIR 5. ASSISTING TRANSFER FROM CHAIR OR WHEELCHAIR TO BED</p> <p><b>MODULE 6</b> MEDICAL AND SURGICAL ASEPSIS* (1 HOUR) Clinical Objectives: 3. UNIVERSAL PRECAUTIONS - GLOVING - GOWNING - APPLY MASK</p> <p><b>MODULE 8</b> RESIDENT CARE SKILLS* (1 HOUR) Clinical Objectives: 19. ASSISTING RESIDENT TO COMMODE/TOILET 20. BLADDER RETRAINING 21. BOWEL RETRAINING</p> <p><b>MODULE 9</b> RESIDENT CARE PROCEDURES (1 HOUR) Clinical Objectives: 3. UNOCCUPIED BED MAKING 14. APPLICATION OF NONLEGEND TOPICAL OINTMENTS</p> <p><b>MODULE 11</b> NUTRITION* (1 HOUR) Clinical Objectives: 1. FEEDING THE HELPLESS RESIDENT</p> <p><b>MODULE 14</b> REHABILITATIVE/RESTORATIVE CARE (2 HOURS) Clinical Objectives: 1. RANGE OF MOTION EXERCISES 2. ASSISTED AMBULATION OF RESIDENT WITH GAIT BELT</p> <p>* Continue Practicing all learned skills.</p>	<p>CLINICAL 6:30-3p.m. 8 Hours - Lunch: 30 mins.</p> <p><b>MODULE 5</b> BODY MECHANICS* (2 HOURS) Clinical Objectives: 3. TURNING AND POSITIONING THE RESIDENT - SUPINE - SIDE-LYING - USE OF LIFT SHEET 6. MECHANICAL LIFT</p> <p><b>MODULE 6</b> MEDICAL AND SURGICAL ASEPSIS* (1 HOUR) Clinical Objectives: 4. DOUBLE BAGGING TRASH/WASTE <b>MODULE 8</b> RESIDENT CARE SKILLS* (1 HOUR) Clinical Objectives: 5. ASSISTING WITH ORAL HYGIENE 7. DENTURE CARE</p> <p><b>MODULE 9</b> RESIDENT CARE PROCEDURES* (1 HOUR) Clinical Objectives: 2. OCCUPIED BED MAKING</p> <p><b>MODULE 11</b> NUTRITION* (1 HOUR) Clinical Objectives: 4. USE OF FEEDING ASSISTANCE DEVICES</p> <p><b>MODULE 14</b> REHABILITATIVE/RESTORATIVE CARE* (2 HOURS) Clinical Objectives: 3. ASSISTING THE RESIDENT TO AMBULATE WITH WALKER 4. ASSISTING THE RESIDENT TO AMBULATE WITH CANE 5. REHABILITATIVE DEVICES</p> <p>* Continue Practicing all learned skills.</p>	<p>THEORY 8:30-2p.m. 5 Hours (1/2 Hr. Lunch)</p> <p>0830-1030 <b>MODULE 9</b> PATIENT CARE PROCEDURES (B)</p> <p>1100-1400 <b>MODULE 15</b> OBSERVATION AND CHARTING (B)(D)(E)</p>	<p>CLINICAL 6:30-3p.m. 8 Hours - Lunch: 30 mins.</p> <p><b>MODULE 6</b> MEDICAL AND SURGICAL ASEPSIS* (0.5 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p><b>MODULE 7</b> WEIGHTS AND MEASURES (0.5 HOUR) Clinical Objectives: 1. MEASURING ORAL INTAKE 2. MEASURING URINARY OUTPUT 6. DOCUMENTS IN MILITARY TIME</p> <p><b>MODULE 8</b> PATIENT CARE SKILLS* (4 HOURS) Clinical Objectives: 2. PARTIAL BATH 9. COMbing THE RESIDENT'S HAIR 15. DRESSING AND UNDRRESSING THE RESIDENT</p> <p><b>MODULE 9</b> RESIDENT CARE PROCEDURES* (1 HOUR) Clinical Objectives: 7. EMPTY URINARY BAGS</p> <p><b>MODULE 11</b> NUTRITION (1 HOUR) Clinical Objectives: Continue Practicing all learned skills</p> <p><b>MODULE 15</b> OBSERVATION &amp; CHARTING (1 HOUR) Clinical Objectives: 1. REPORT'S APPROPRIATE INFORMATION TO CHARGE NURSE 2. DOCUMENTS V/S, ADLs TIMELY/CORRECTLY 3. DOCUMENTS CHANGES IN RESIDENT'S BODY FUNCTIONS/BEHAVIOR</p> <p>Clinical Objectives: 1. REPORT'S APPROPRIATE INFORMATION TO CHARGE NURSE 2. DOCUMENTS V/S, ADLs TIMELY/CORRECTLY 3. DOCUMENTS CHANGES IN RESIDENT'S BODY FUNCTIONS/BEHAVIOR</p>

## DAILY NURSE ASSISTANT TRAINING PROGRAM SCHEDULE

**LUNCH HOUR: 1030-1100 all days**  
**THEORY HOURS: 5**  
**CLINICAL HOURS: 32**

**CLINICAL SITE:**

DAY: 11 THURSDAY	DAY: 12 FRIDAY	DAY: 13 TUESDAY	DAY: 14 WEDNESDAY	DAY: 15 THURSDAY
<p>CLINICAL 6:30-3p.m. 8 Hours Lunch: 30 mins.</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.5 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 8 RESIDENT CARE SKILLS* (4.5 HOURS) Clinical Objectives: 4. SHOWER 11. SHAMPOO WITH SHOWER OR TUB BATH</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (1 HOUR) Clinical Objectives: 9. ANTIEMBOLIC HOSE, ELASTIC STOCKINGS (TED HOSE) 13. APPLICATION OF NONSTERILE DRESSING</p> <p>MODULE 11 NUTRITION (1 HOUR) Clinical Objectives: Continue Practicing all learned skills</p> <p>MODULE 15 OBSERVATION &amp; CHARTING (1 HOUR) Clinical Objectives: 4. PARTICIPATES IN RESIDENT CARE PLANNING</p> <p>* Continue Practicing all learned skills.</p>	<p>CLINICAL 6:30-3p.m. 8 Hours Lunch:30 mins.</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.5 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 8 PATIENT CARE SKILLS* (4 HOURS) Clinical Objectives: 8. NAIL CARE 13. SHAVING-ELECTRICAL SHAVER 14. SHAVING-RAZOR BLADE</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (3 HOURS) Clinical Objectives: 8. CARE OF RESIDENT WITH TUBING · OXYGEN · IV · GASTROSTOMY · NASOGASTRIC · URINARY CATHETER</p> <p>MODULE 15 OBSERVATION AND CHARTING (.5 HOUR) Clinical Objectives: Continue Practicing all learned skills</p>	<p>THEORY 8:30-2p.m. 5 Hours (1/2 Hr. Lunch)</p> <p>0830-0930 MODULE 8 PATIENT CARE SKILLS (I)</p> <p>0930-1030 MODULE 9 PATIENT CARE PROCEDURES (A)</p> <p>1100-1400 MODULE 10 VITAL SIGNS (A)(B)(C)(D)(E)(F)(G)(H)</p>	<p>CLINICAL 6:30-3p.m. 8 Hours - Lunch:30 mins.</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.5 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 8 PATIENT CARE SKILLS* (3 HOURS) Clinical Objectives: 16. CHANGING THE CLOTHES OR RESIDENT WITH IV 23. ARTIFICIAL LIMBS 24. SPLINTS</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (2 HOURS) Clinical Objectives: 1. COLLECT AND IDENTIFY SPECIMEN · URINE SPECIMEN: CLEAN CATCH · URINE SPECIMEN: ROUTINE UA</p> <p>MODULE 10 VITAL SIGNS (2 HOURS) Clinical Objectives: 1. MEASURE AND RECORD VITAL SIGNS · TEMPERATURE · ORAL · AXILLARY · RECTAL · ELECTRONIC</p> <p>MODULE 15 OBSERVATION AND CHARTING (.5 HOUR) Clinical Objectives: Continue Practicing all learned skills</p>	<p>CLINICAL 6:30-3p.m. 8 Hours - Lunch:30 mins.</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.5 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 8 PATIENT CARE SKILLS* (3 HOURS) Clinical Objectives: 16. CHANGING THE CLOTHES OR RESIDENT WITH IV 23. ARTIFICIAL LIMBS 24. SPLINTS</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (2 HOURS) Clinical Objectives: 1. COLLECT AND IDENTIFY SPECIMEN · SPUTUM SPECIMEN</p> <p>MODULE 10 VITAL SIGNS* (2 HOURS) Clinical Objectives: 1. MEASURE AND RECORD VITAL SIGNS · PULSE: RADIAL · PULSE: APICAL · RESPIRATION</p> <p>MODULE 15 OBSERVATION AND CHARTING (.5 HOUR) Clinical Objectives: Continue Practicing all learned skills</p>

## DAILY NURSE ASSISTANT TRAINING PROGRAM SCHEDULE

**LUNCH HOUR: 1030-1100 all days**  
**THEORY HOURS: 5**  
**CLINICAL HOURS: 32**

**CLINICAL SITE:**

DAY: 16 FRIDAY	DAY: 17 TUESDAY	DAY: 18 WEDNESDAY	DAY: 19 THURSDAY	DAY: 20 FRIDAY
<p>CLINICAL 6:30-3p.m. 8 Hours - Lunch:30 mins.</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.5 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 7 WEIGHTS AND MEASURES* (0.5 HOUR) Clinical Objectives: 3. MEASURING THE HEIGHT OF RESIDENT IN BED 4. WEIGHING THE RESIDENT IN BED 5. MEASURING AND WEIGHING THE RESIDENT USING AN UPRIGHT SCALE</p> <p>MODULE 8 PATIENT CARE SKILLS* (2.5 HOURS) Clinical Objectives: 16. CHANGING THE CLOTHES OR RESIDENT WITH IV 23. ARTIFICIAL LIMBS 24. SPLINTS</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (2 HOURS) Clinical Objectives: 1. COLLECT AND IDENTIFY SPECIMEN · STOOL SPECIMEN</p> <p>MODULE 10 VITAL SIGNS* (2 HOURS) Clinical Objectives: 1. MEASURE AND RECORD VITAL SIGNS · BLOOD PRESSURE</p> <p>MODULE 15 OBSERVATION AND CHARTING (.5 HOUR)  Clinical Objectives: Continue Practicing all learned skills</p>	<p>THEORY 8:30-2p.m. 5 Hours (1/2 Hr. Lunch)</p> <p>0830-1030 MODULE 13 LONG-TERM CARE RESIDENT (A)(B)(C)(D)(E)(F)</p> <p>1100-1230 MODULE 9 PATIENT CARE PROCEDURES (F)</p> <p>1230-1400 MODULE 16 DEATH AND DYING (A)(B)(D)(E)(F)</p>	<p>CLINICAL 6:30-3p.m. 8 Hours Lunch:30 mins.</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.25 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 8 PATIENT CARE SKILLS* (5.75 HOURS) Clinical Objectives: 1. BACK RUB 2. BED BATH 3. TUB BATH 6. MOUTH CARE OF THE UNCONSCIOUS RESIDENT 10. SHAMPOO OF BEDRIDDEN RESIDENT 12. MEDICINAL SHAMPOO</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (2 HOURS) Clinical Objectives: 10. ADMITTING THE RESIDENT 11. TRANSFERRING THE RESIDENT 12. DISCHARGING THE RESIDENT</p>	<p>CLINICAL 6:30-3p.m. 8 Hours Lunch:30 mins.</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.25 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 8 PATIENT CARE SKILLS* (5.75 HOURS) Clinical Objectives: 1. BACK RUB 2. BED BATH 3. TUB BATH 6. MOUTH CARE OF THE UNCONSCIOUS RESIDENT 10. SHAMPOO OF BEDRIDDEN RESIDENT 12. MEDICINAL SHAMPOO</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (2 HOURS) Clinical Objectives: 10. ADMITTING THE RESIDENT 11. TRANSFERRING THE RESIDENT 12. DISCHARGING THE RESIDENT</p>	<p>CLINICAL 6:30-3p.m. 8 Hours Lunch:30 mins.</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.25 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 8 PATIENT CARE SKILLS* (5.75 HOURS) Clinical Objectives: 1. BACK RUB 2. BED BATH 3. TUB BATH 6. MOUTH CARE OF THE UNCONSCIOUS RESIDENT 10. SHAMPOO OF BEDRIDDEN RESIDENT 12. MEDICINAL SHAMPOO</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (2 HOURS) Clinical Objectives: 10. ADMITTING THE RESIDENT 11. TRANSFERRING THE RESIDENT 12. DISCHARGING THE RESIDENT</p>

## DAILY NURSE ASSISTANT TRAINING PROGRAM SCHEDULE

California Department of Public Health (CDPH)  
Licensing and Certification Program (L&C)  
Aide and Technician Certification Section (ATCS)  
MS 3301, P.O. Box 997416  
Sacramento, CA 95899-7416  
PHONE: (916) 327-2445 FAX: (916) 324-0901

LUNCH HOUR: 1030-1100  
THEORY HOURS: 1  
CLINICAL HOURS: 4

**CLINICAL SITE:**

DAY: 21 TUESDAY	DAY:	DAY:	DAY:	DAY:
<p>8:30am-2:00pm. (1/2 Hr. Lunch)</p> <p>Theory (1 HOUR) 0830-0900 MODULE 8 PATIENT CARE SKILLS (E) *Eye &amp; Ear</p> <p>0900-0930 MODULE 9 PATIENT CARE PROCEDURES (E) Clinical (4 HOURS)</p> <p>MODULE 6 MEDICAL AND SURGICAL ASEPSIS* (0.25 HOUR) Clinical Objectives: Continue Practicing all learned skills.</p> <p>MODULE 8 PATIENT CARE SKILLS* (2.75 HOURS) 25. APPLYING A BEHIND-THE-EAR HEARING AID 26. REMOVING A BEHIND-THE-EAR HEARING AID 27. REMOVING, CLEANING, AND REINSERTING AN ARTIFICIAL EYE</p> <p>MODULE 9 RESIDENT CARE PROCEDURES* (1 HOUR) 4. ADMINISTERING THE COMMERCIALY PREPARED CLEANSING ENEMA 5. ADMINISTERING ENEMAS-TAP WATER, SOAP SUDS 6. ADMINISTERING LAXATIVE SUPPOSITORY</p> <p>Lab (3 HOURS) · Clinical Objectives not previously reviewed. · Review and Practice for Red Cross</p> <p>* Continue Practicing all learned skills.</p>				